What items one can't do in the microwave oven?

One cannot deep fry in microwave oven because temperature of oil cannot be controlled and it can catch fire. One cannot boil eggs in a microwave because the egg shell might burst due to pressure from inside.

Can metal rack be used in Convection combination mode?

In the combination mode, the microwaves are used for a short duration in the microwave mode. Therefore, a metal rack shouldn't be used in Convection combination mode. The rack has no sharp edges and the gap between the rods of the rack is large enough to prevent sparking and to allow the microwave to pass through. The grill rack is only to elevate the food to come closer to quartz heater element for faster browning.

How would you test if a dish is suitable for microwave cooking?

Place a the dish you want to cook along with a cup of water at 100% power level for 1 minute if at the end of the time dish is cool or is warm, the dish can be cooked in microwave oven or else it cannot be cooked.

Is microwave cooking safe?

Microwave cooking is absolutely safe, healthy option to conventional cooking by following instructions given in product manual. Microwaves are used to generate heat within food molecules and microwaves cannot escape outside because doors of ONIDA microwave oven or any microwave are designed in such a way only.

Why do eggs sometimes pop?

The reason is the heat generated within yolk has no space to escape therefore it pops or breaks due to pressure from inside, to avoid this just pierce the yolk before cooking, never boil eggs or cook egg with its shell on.

What’s wrong when the oven light will not glow?

It means that either bulb has blown or power supply is not there.

What is the ideal shape for microwave dishes?

Round shape is best and most suitable for cooking uniformly in a microwave oven. Shallow and straight sided containers can also be used.

Is exposure to microwaves harmful?
Exposure to microwaves is not harmful because they are non ionizing rays.

**Why does my oven not always cook as fast as the microwave cooking guide says?**

Always use the instruction manual and cooking guide for first time use of microwave for cooking, following simple directions given will result in accurate cooking as given in cooking guide.

**Why is standing time recommended after microwave cooking is over?**

5 Minutes standing time recommended but may vary depending on weight of food being cooked.

**Why do we have to puncture vegetable skin before subjecting them to microwave?**

This will help heat generated within the vegetable due friction between food molecules to escape which will also help to cook food better and quickly and uniformly.

**Are microwaves safe for children to use?**

ONIDA Microwave ovens are designed keeping you and your safety in mind; it can be handled by any child above 5 yrs.

**Does the food cooked in a Microwave Oven carry residual Microwaves?**

No, once food is cooked all microwaves are utilized completely.

**Why does the beep tone sound when a pad on the Control Panel is touched?**

It means that the program on control panel displayed is selected and setting is done properly.